

Walk it out! Walk-A-Thon General Information Packet



To: All Walk-a-thon Participants
Event: "Walk it out!" Walk-a-thon
Date: Saturday, October 20, 2018
Time: Registration-8:00AM Walkathon- 9:00AM
Place: Planet Fitness, 4601 Northfield Rd., North Randall, Ohio 44128

Our Goal

We strongly believe that the goodwill this walk-a-thon imposes will be of huge benefit to our sponsors as not only a Domestic Violence Awareness Month acknowledgement but a goodwill gesture toward the community. In return it will bring awareness to our cause. Just a miniscule amount of your support will make an enormous impact. This year the proceeds will be used to support three well deserved area organizations enhance their services to victims/survivors of domestic violence. We are very excited about this fundraising event and are asking everyone to put on their walking shoes so that we all have fun with fitness while achieving this goal together.

Therefore, as a much-needed fundraiser we are asking for 100% participation to meet our goal. The goal is for every participant to bring in \$100 or more in pledges (funds from people supporting the participating walker). For those students who are unable to participate in the walk-a-thon, you can be considered "participating" by paying a \$50 donation (buyout fee) per person.

Youth 13-16 Permission Slip

Included in this packet is a youth permission slip that all parents must complete **before** they can participate in the walk-a-thon. All participating youth paying a \$50 donation (buyout fee) will be given a complimentary t-shirt and a bottle of water. The permission slip is to be completed and turned in by **Friday, October 12, 2018**. Please remember that youth cannot enter the walk-a-thon unless the permission slip is returned.

Registration/waiver Form

We welcome everyone and anyone, including parents, other relatives, friends, coworkers, etc, to participate in the walk-a-thon. A registration/waiver form the walk-a-thon is included in this packet. The entry fee is \$20 Adult/\$15 Youth 13-16. Also, all are welcome to order a t-shirt for \$10 per shirt online prior to the event. All checks should be made payable to "Pneuma Life Foundation" or "PLF". Please complete and return the signed registration/waiver on/or before the day of the walk by **Saturday October 20th**. Pre-register online early and save \$5 for participating adults and youth.

Pledges

We hope that every participating walker will be able to bring in at least \$100 in pledges. We encourage each walker to get as many people supporting them in the walk-a-thon as possible. A solicitation letter is attached with the pledge form to help you get sponsors for the walk-a-thon.

Matching Donations

If a company has a donation match program for charitable giving, you may consider asking the company to match your walk-a-thon pledges.

Please mark the sponsor sheet in the Matching Donor column so that the proper paperwork can be completed and receives credit for the matching donation.

Deadline

All sponsor money must be turned in to the office by **Friday, October 12th** to be eligible to receive a goody bag.

P.O. Box 248154, Lyndhurst, Ohio 44124 (216) 263-6044
www.pneumalifefoundation.org pneumalife1996@yahoo.com